Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6-7:30		6-7:30		
	6-8	Lap Swim	6-8 a.m.	Lap Swim	6-8	6-8
	Lap Swim	7:30-8	Lap Swim	7:30 -8	Lap Swim	Lap Swim
С		Water Walking		Water Walking		
L	8-8:50	8-8:50	8-8:50	8-8:50	8-8:50	8-8:50
0	Water	Water	Water	Water	Water	Water
S	Aerobics	Aerobics	Aerobics	Aerobics	Aerobics	Aerobics
E	9-9:50	9-9:50	9-9:50	9-9:50	9-9:50	
D	Water	воот	Water	BOOT	Water	
	Aerobics	CAMP	Aerobics	CAMP	Aerobics	
	10-10:50	10-10:50	10-10:50	10-10:50	10-10:50	CLOSED
	Arthritis/	Arthritis/	Arthritis/	Arthritis/	Arthritis/	
	Wellness	Wellness	Wellness	Wellness	Wellness	
	11-1	11-1	11-1	11-1	11-1	
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Noon – 3						
	1-5:30	1-5:30	1-6:30	1-5:30	1-5	NOON – 5
Open Swim	*Open Swim	*Open Swim	*Open Swim	*Open Swim	Open Swim	
		5:30-6:20		5:30-6:20		OPEN
	Open Swim	Water	Open Swim	Water	CLOSED	SWIM
	5:30-6;30	Aerobics	5:30-6:30	Aerobics		
	6:30-8	6:30-8		6:30-8		
CLOSED	Tridents	Tridents	CLOSED	Tridents	CLOSED	CLOSED

^{*}Camdenton School Swim Teams practice 4 until 6 MWF and 4 to 5:30 on T/TH during their swim season. No other swimmers allowed during their practice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6-7:30		6-7:30		
	6-8	Lap Swim	6-8 a.m.	Lap Swim	6-8	6-8
	Lap Swim	7:30-8	Lap Swim	7:30 -8	Lap Swim	Lap Swim
С		Water Walking		Water Walking		
L	8-8:50	8-8:50	8-8:50	8-8:50	8-8:50	8-8:50
0	Water	Water	Water	Water	Water	Water
S	Aerobics	Aerobics	Aerobics	Aerobics	Aerobics	Aerobics
E	9-9:50	9-9:50	9-9:50	9-9:50	9-9:50	
D	Water	воот	Water	BOOT	Water	
	Aerobics	CAMP	Aerobics	CAMP	Aerobics	
	10-10:50	10-10:50	10-10:50	10-10:50	10-10:50	CLOSED
	Arthritis/	Arthritis/	Arthritis/	Arthritis/	Arthritis/	
	Wellness	Wellness	Wellness	Wellness	Wellness	
	11-1	11-1	11-1	11-1	11-1	
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Noon – 3						
	1-5:30	1-5:30	1-5:30	1-5:30	1-5	NOON – 5
Open Swim	*Open Swim	*Open Swim	*Open Swim	*Open Swim	Open Swim	
		5:30-6:20		5:30-6:20		OPEN
	Open Swim	Water	Open Swim	Water	CLOSED	SWIM
	5:30-6:30	Aerobics	5:30 -6:30	Aerobics		222300
	6:30-8	6:30-8	_	6:30-8	_	
CLOSED	Tridents	Tridents	CLOSED	Tridents	CLOSED	CLOSED

^{*}Camdenton School Swim Teams practice 4 until 6 pm MWF and 4 to 5:30 on T/TH during their swim season. No other swimmers allowed during their practice.