

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>C L O S E D</b>	6-8 Lap Swim	6-7:30 Lap Swim	6-8 a.m. Lap Swim	6-7:30 Lap Swim	6-8 Lap Swim	6-8 Lap Swim
		7:30-8 Water Walking		7:30 -8 Water Walking		
	8-8:50 Water Aerobics	8-8:50 Water Aerobics	8-8:50 Water Aerobics	8-8:50 Water Aerobics	8-8:50 Water Aerobics	
	9-9:50 Water Aerobics	9-9:50 BOOT CAMP	9-9:50 Water Aerobics	9-9:50 BOOT CAMP	9-9:50 Water Aerobics	
	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	<b>CLOSED</b>
<b>Noon – 3</b>	11-1 Lap Swim	11-1 Lap Swim	11-1 Lap Swim	11-1 Lap Swim	11-1 Lap Swim	
	<b>Open Swim</b>	1-5:30 *Open Swim	1-5:30 *Open Swim	1-6:30 *Open Swim	1-5:30 *Open Swim	1-5 Open Swim
Open Swim 5:30-6:30		5:30-6:20 Water Aerobics	Open Swim 5:30-6:30	5:30-6:20 Water Aerobics	<b>CLOSED</b>	<b>NOON – 5</b>  <b>OPEN SWIM</b>
<b>CLOSED</b>	6:30-8 Tridents	6:30-8 Tridents	<b>CLOSED</b>	6:30-8 Tridents	<b>CLOSED</b>	

\*Camdenton School Swim Teams practice 4 until 6 MWF and 4 to 5:30 on T/TH during their swim season. No other swimmers allowed during their practice.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>C L O S E D</b>	6-8 Lap Swim	6-7:30 Lap Swim	6-8 a.m. Lap Swim	6-7:30 Lap Swim	6-8 Lap Swim	6-8 Lap Swim
		7:30-8 Water Walking		7:30 -8 Water Walking		
	8-8:50 Water Aerobics	8-8:50 Water Aerobics	8-8:50 Water Aerobics	8-8:50 Water Aerobics	8-8:50 Water Aerobics	
	9-9:50 Water Aerobics	9-9:50 BOOT CAMP	9-9:50 Water Aerobics	9-9:50 BOOT CAMP	9-9:50 Water Aerobics	
	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	10-10:50 Arthritis/ Wellness	<b>CLOSED</b>
<b>Noon – 3</b>	11-1 Lap Swim	11-1 Lap Swim	11-1 Lap Swim	11-1 Lap Swim	11-1 Lap Swim	
	<b>Open Swim</b>	1-5:30 *Open Swim	1-5:30 *Open Swim	1-5:30 *Open Swim	1-5:30 *Open Swim	1-5 Open Swim
Open Swim 5:30-6:30		5:30-6:20 Water Aerobics	Open Swim 5:30 -6:30	5:30-6:20 Water Aerobics	<b>CLOSED</b>	<b>NOON – 5</b>  <b>OPEN SWIM</b>
<b>CLOSED</b>	6:30-8 Tridents	6:30-8 Tridents	<b>CLOSED</b>	6:30-8 Tridents	<b>CLOSED</b>	

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