

## Westlake Aquatic Center Schedule

| <b>Sun</b>   | <b>Mon</b>   | <b>Tues</b> | <b>Wed</b> | <b>Thurs</b> | <b>Fri</b> | <b>Sat</b>   |
|--|--|-------------|------------|--------------|------------|--|
| <b>1<sup>st</sup></b><br><br><b>S</b><br><b>U</b><br><b>N</b><br><b>D</b><br><b>A</b><br><b>Y</b><br><br><b>O</b><br><b>N</b><br><b>L</b><br><b>Y</b><br><br><b>Open</b><br><b>Swim</b><br><b>12-4</b><br><br><b>Other</b><br><b>Sundays</b><br><br><b>Closed</b><br><b>for</b><br><b>private</b><br><b>parties.</b> | <b>Lap Swim Sessions</b><br><b>6-6:50</b> <b>&amp;</b> <b>7-7:50</b>       |             |            |              |            | <b>Lap Swim</b><br><b>7-7:50</b>                                     |
|  | <b>Water Aerobics Workout I</b><br><b>8-8:50</b>                           |             |            |              |            | <b>WA</b><br><b>8-8:50</b>   |
|  | <b>Water Aerobics Workout II</b><br><b>9-9:50</b>                          |             |            |              |            | <b>C</b><br><b>L</b><br><b>O</b><br><b>S</b><br><b>E</b><br><b>D</b> |
|  | <b>Arthritis/Wellness Class</b><br><b>10-10:50</b>                         |             |            |              |            |  |
|  | <b>Lap Swim Sessions</b><br><b>11-11:50</b> <b>&amp;</b> <b>12 – 12:50</b> |             |            |              |            | <b>Open</b><br><br><b>Swim</b>                                       |
|  | <b>Open Swim</b><br><b>1-3:50</b>  |             |            |              |            | <b>Noon</b><br><b>To 4</b>   |
|  | <b>Seasonal</b><br><b>Camdenton Swim Team</b><br><b>3:50-6:00</b>          |             |            |              |            |  |
| <b>Trident's Swim Team</b><br><b>6:30-8:30</b><br><b>Monday, Tuesday &amp; Thursday</b>  |  |             |            |              |            |  |